2:Bailey G-5 (ca. 1854) 1863
AX5 Vedda AX5

They are very rude in their cookery, often burning the flesh in the fire, which they produce by rubbing together two pieces of the wood of the vellan tree (*Pterospermum suberifolium*, Sam.). A hole is scooped in one piece with an arrow-blade, and the other, which is pointed, is inserted into it, and twirled rapidly round between the hands till it ignites.

They are fond of betel, when they can get it; but in lieu of the compound which goes by this name, they have the following substitutes. Instead of the betel leaf, they eat the astringent bark of the demette tree (*Gmelina Asiatica, L.*), or the leaves of an aromatic plant called the madurutala (*Ocimum sanctum*—or *O. canum, L.*) For areka nut, they chew the bark of the moratree (*Nephelium longanum*, Camb.), the oupaloo or wellan connitta tree; and calcined snail shells, or the bark of the areloo tree (*Terminalia chebula*, Retz.), supplies the place of lime or chunam, which forms so important an ingredient in a prepared quid of betel. They do not smoke, and are very temperate, drinking water only.

I need not say that they are very simple and primitive in their habits. The "wilder sort" have had too little communication with the Singhalese to have acquired the vices of civilization. The few necessaries of life which the forest does not supply, such as steel and iron for their arrow-heads and axes, and the very scanty clothing which they wear, they obtain by barter, their wax and honey, elk flesh, and ivory, being eagerly sought after by the neighbouring Singhalese, or "the ubiquitous Moors."

They are very harmless, too; though, according to Knox, were much dreaded once. Even yet there are traditions that they kidnapped children, ran off with young girls, way-laid travellers, and attacked the tavalams or bullock-caravans. But now, at any rate, they are as peaceful as it is possible to be. They are proverbially truthful and honest. They are fond of their children, who early become useful to them; the boys soon are familiar with the use of the bow, while the girls, armed with a pointed stick, add to the family larder at a very tender age, by killing the iguano, and digging for wild yams.

Their constancy to their wives is a very remarkable trait in their character in a country where conjugal fidelity is certainly not classed as the highest of domestic virtues. Infidelity, whether in the husband or the wife, appears to be unknown, and I was

---

kadura (*strychnos, nux vomica*), the diwi kaduru (*taberna montana dichotoma*, Roxb.), the kolong (*nauclea cordifolia*, Roxb.), the milla (*vitex altissima*, Linn.), the mora (*nephelium longanum*, Camb.), the kaluwera (ebony, *ebenum*, Retz), which they say would stupify them; but though the three first mentioned trees would be injurious, it is probably that the rest would be harmless.